

Divorce Indicators

WHEN YOU NEED A LAWYER

This resource is meant to be a guide to help you assess your situation and decide if now is the time to seek legal guidance. Every person, every relationship, and every divorce is unique. Not every marriage with “high” or “highest” indicators will necessarily need a divorce. Additionally, if your marriage presents with the “lowest” indicators, you still may have problems in your marriage that lead to divorce.

We recommend scheduling a consultation with one of our attorneys when you’re ready to talk through your options. Our team has helped hundreds of clients before, during, and after their divorce, and we can help you, too!

Lowest	Low	Medium	High	Highest
Accelerated arguments /fighting Accelerated work travel Spouse working at the office more Spouse is working out more often – getting in shape Spouse is consumed by other things all day, every day	Unmet expectations Lack of communication Parenting issues Elderly parents moving in Sexual dysfunction/ sexless marriage Spouse lies about where they are Spouse is hiding money or has secret bank account Spouse changed phone password Spouse phone/texting habits changed Spouse has secret email address	Verbal Declaration of Divorce Hoarding Intimacy issues Allows affairs /swingers Religious differences Family money issues (ran up debt, excessive spending, etc.) Irreconcilable differences It's over! Spouse has a secret phone or hiding phone	Letter from attorney Caught in affair (literally or circumstantially) Spouse emotional abuse Spouse reckless gambling Spouse alcohol abuse Spouse is leaving Spouse has come out as gay or trans Spouse is bi-polar or has another mental health diagnosis	Physical abuse Child abuse Drugs STDs Prostitutes Pregnancy with someone other than spouse Served with papers Spouse is gone and so is the stuff Spouse taking the kids and leaving Spousal threat to call police to lie to get the other in trouble

WHAT YOU NEED TO DO

A lawyer might become necessary down the road, but first you should try to open the lines of communication with your spouse. We find therapy, both together and apart, the most helpful step at this level.	You might want to talk to a divorce lawyer at this level to help weigh your options. “Vision Planning” is a service we offer for clients to outline their choices. Paired with a financial planner and therapist, vision planning can create a realistic picture of what divorce might look like.	You need to find a lawyer sooner rather than later at this level. They will help you sort through all your decisions and make sure no missteps are made. A financial planner will provide clarity on the severity of the money issues and a therapist will teach you the skills to cope with the difficulties of divorce.	You should find a lawyer quickly. Divorce can be mentally and financially demanding, which is why we also recommend finding a therapist and a financial planner at this level if you do not already have one.	Get a lawyer immediately. Protect yourself and do not go at it alone. Your lawyer should be able to connect you to all the necessary resources you will need.
--	--	--	--	--



CALL OR E-MAIL US WITH YOUR QUESTIONS TODAY!



919-446-3503



info@trianglesmartdivorce.com

The contents of the guide relate only to North Carolina Law and have been prepared for informational purposes only. Triangle Smart Divorce does not represent you based upon your use of this guide. The materials included in this guide are not intended as legal advice. You should not act upon information contained in this guide without professional legal advice and a thorough review of your circumstances. Any testimonials contained herein are not intended to demonstrate a guarantee of outcome or result; actual results carry depending on the circumstances of each case. Do not send us information until you speak to one of our team members and get authorization to send that information to us. The content of any e-mail sent to Triangle Smart Divorce will not create an attorney-client relationship.